

# Career and Life-Designing Psychology

Syllabus Number

EDP-105

Elective

2 credit

MOGAKI, Madoka

## 1. Course Description

This course deals with “biographical analysis.” As part of the course, students try to psychologically analyze an individual’s thought (e.g., a historical figure) and their associated emotions, attitudes, and behaviors given in biographical descriptions by using developmental psychological theory (e.g., identity theory). After that, the students are expected to analyze their own career and life plans.