

# **School Counseling for Junior and Senior High School Students**

Syllabus Number

ESS-204

Elective

2 credit

NAKAZATO, Atsushi

## 1. Course Description

I have worked as a School Counselor in an elementary, junior and senior High school for about 20 years. I will tell you problems and treatments of School Counseling through my experiences. We will learn some useful counseling methods, especially Solution Focused Approach. In some cases of School Counseling, it is difficult to decide the only answer. Please develop multiple perspectives to select one of the best solutions, in this class.