

## Seminar : Sociology I

Syllabus Number

SEM-301

Compulsory 2  
credit

KANNO, Hiroshi

### 1. Course Description

The aim of this course is to answer a 'big' question, "Who am I?" So what you need in this class is the attitude reflecting yourselves and investigating into your own selves sociologically.

To have students develop this attitude, I'll take up the concept of self narrative at first. Then I'll teach an important technique of 'active listening' as well as a self-analysis method, 'Enneagram'. All you're expected to learn in this class, I hope, is a practical knowledge about yourselves and a sort of guideline on your own lives.