

## 応用演習 II

Syllabus Number

SEM-302

Compulsory 2  
credit

OGATA, Takahiro

### 1. Course Description

The objective of this class is to learn the theory of sport psychology such as instruction and training of psychological skills for skill acquisition. This class focuses on the motor learning. Our final goal is to be able to coach the athletes from basic performance to elite level accomplishment.