

Physical Expression

Syllabus Number

ESS-108

Elective

1 credit

WAKAYA, Keiko

1. Course Description

This course focuses on the use of body expressions in line with the growth phases of young children, and leads participants to discover joys in physical activities and their significance. The course is structured so that participants master the different body movements required to make creative expressions. These physical activities range from games played during daily childcare, body percussion, dance, music dramas, through to eurhythmics.