2 credit

KATO, Hajime

1. Course Description

This course expands the basic anatomy knowledge explored in Sports Anatomy I, and provides the student with the advanced knowledge of kinetic/functional anatomy including the integration of the musculoskeletal, neurological and respiratory systems. Through the presentation of various athletic injuries, postural variations and sport-specific movement patterns, the student will develop a multifaceted point-of-view when analyzing and evaluating the quality of human movements/athletic performance.