

Sports Medicine I

Syllabus Number

AHS-101

Elective

2 credit

OGAWA, Yoshiko

1. Course Description

Sports medicine is a branch of medicine that deals with physical fitness, treatment and prevention of injuries and disorders related to sports and exercise. This course provides an overview of basic sports medicine, including the structure and function of various organ systems, effects of exercise on various organ systems, sports injury prevention and treatment and exercise for health.