

# **Mind-Body Development and Its Relation to Learning Process (Middle Schools and High Schools)**

Syllabus Number

EDU-102

Teachers' License  
Program Elective  
2 credit

NAKAZATO, Atsushi

## 1. Course Description

This course deals with the basic concepts and principles of the human development and learning process. I have worked as a School Counselor in an elementary, junior and senior high school. I would like to talk about how developmental psychology and learning psychology can be useful in school. At the end of the course, participants are expected to recognize and recall major terms and concepts in human development and learning, describe and explain major methods and theories, and apply theories or findings to real world situations.