

# Practical Learning (Swimming) II

Syllabus Number

ESS-204

Elective

1 credit

OOKUMA, Seiji

## 1. Course Description

This course aims to learn about breaststroke and butterfly swimming and teaching in the modern swimming method and start method. This course aims to learn about breaststroke and butterfly swimming and teaching in the modern swimming method and start method. This course aims to learn about breaststroke and butterfly swimming and teaching in the modern swimming method and start method.