

Practical Teaching Skill (Ball Games)

Syllabus Number

ESS-316

Elective

2 credit

KAWAKATSU, Saki

1. Course Description

Health and Physical education for students' purpose is to develop qualities and abilities and to participate in enjoyable physical activities throughout their lives.

Ball Games are popular sports which both children and adults can enjoy.

In this course, you understand the feature of Ball Games, mastery of fundamental skills and to study teaching method and tactics.