

# Health in Early Childhood

Syllabus Number

ESS-109

Elective

2 credit

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## 1. Course Description

Maintaining a healthy state physically mentally in the modern society of all activity become basic.

A cause of a basic lifestyle, the development of mental and physical functions, an injury and the illness and the prevention learn knowledge becoming basic of the instruction of the domain "health".

Understanding the need of the infant exercise and consider childcare contents corresponding to the physical movement that wants to let you acquire it in the infancy.