Introduction to Psychotherapy

Elective 2 credit

TAKANASHI, Rieko

1. Course Description

This course enhances the development of students' skill to practice of various psychotherapy. Students will learn basic attitude as clinical psychologists who conduct psychotherapy, communication techniques, and some intervention techniques. This course also deals with the case conceptualization, the course of the psychotherapy, the understanding and coping of the impasse, and the final visit.