

# Healthy Life and Community

Syllabus Number

EDU-110

Compulsory Elective  
2 credit

HOSHII, Michiyo

## 1. Course Description

In this period, scientific work have enriched and enlarged human life. People can use variety of information and institute comparing to past decades. Health education is taught at various social settings including school. In this class, the students are expected to learn about the health education, and develop the idea of how to maintain own health and choose accurate information and skill for fair decision making. This is one year course. (The students are required to take the health education A.) In this class, the students will be expected to understand the theory of health education, and perform the health care tasks.