

スポーツ実技Ⅰ（個人競技）

Syllabus Number HSS-103

Elective 1 credit

The Japanese Language Course

1. Course Description

The purpose of this course is to provide learning experiences that will lead to the development of basic skills in selected ball games. In addition to skill acquisition, the course will focus on how to communicate each student during the team sports.

Students will be expected to understand the role of pass in basketball and soccer, learn to score points such as shoot and spike from connecting the balls passing.