Practice of Method(Basketball)

Sports' Syllabus Number Elective 1

ESS-216 1 credit

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1. Course Description

There are various possibility in the basketball, and I take a thing and the instruction over the wide area that can happen in a play into consideration. I make technical realization of the basketball in the teacher-training course main. I understand the basic

I make technical realization of the basketball in the teacher-training course main. I understand the basic operation such as a shot, a dribble, the pass for a junior high student and high school students and teach it to be able to practice it reasonably besides.