

キャリアデザインと職業選択 II B

Syllabus Number	CAE-207
Elective	2 credit
OCHIAI, NAGASHIMA, Shuko	Hiroshi・

1. Course Description

The purpose of this class is to begin concrete preparations for the coming job hunting while deepening self-understanding while improving communication skills, and gaining knowledge about society and work. How you spend your college life will have a big impact on your future. In this class, you will improve your communication skills through work, group discussions, presentations, etc., deepen your self-understanding, social understanding, and work understanding, and formulate an action plan for the future.