

Athletics Teaches

Syllabus Number

ESS-110

Elective

1 credit

SUZUKI, Kaeko

1. Course Description

The purpose of this class is a comprehension about the contents of 'Physical Education' in the teaching guidelines and the acquirement of the guidance ability.

We learn to fit into society and have a sense of cooperation to work with others, not only acquiring theory and skills in each sports for the person who deserves to be a teacher in the future.

Through a group activity, we develop the cooperative mentality to work with other classmates to achieve a certain goal.