

# Practical Learning (Kendo) I

Syllabus Number

ESS-207

Elective

1 credit

NAKAZAWA, Yuhi

## 1. Course Description

In this course, we learn traits of Kendo as Japanese traditional culture and acquire basic technique. Moreover, teaching method for beginners is explained. Therefore, it is aimed to practice basic technique and etiquette and manners (Rei) and teaching its importance points to beginners.