

# Practical Teaching Skill (Judo)

Syllabus Number

ESS-304

Elective

2 credit

ANAI, Sayaka

## 1. Course Description

Through this lecture, you can acquire the ability to instruct judo as a teacher in the future. It is necessary to understand safety management and risk management because judo is a martial art and some accidents or injuries would be seen in instructing judo. Furthermore, you can learn instruction methods by performing demonstration lessons.