

臨床心理面接特論Ⅰ (心理支援に関する理論と実践)

Compulsory 2
credit

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1. Course Description

The purpose of this lecture is to learn various methods of psychological supports with their theory and technics. More than 400 methods are said to developed as psychotherapies, so it is impossible to refer all of them. In this lecture, we will learn about the representative ones like as 1) psychoanalyses, 2) person-centered approaches, 3) cognitive-behavioral therapy, 4) narrative approaches.