KANO, Rui

1. Course Description

Knowing immunity is important knowledge for protecting human health. Immunology also brings a lot of information to improve sports skills. In this lecture, you will learn about actual diseases from the basic immune system required as a sports instructor / educator, trainer, and nursery teacher. In addition, the lessons will focus on the body's defense function against infectious diseases, which is necessary knowledge as the nursery teacher, and the mechanism of allergies caused by immune abnormal reactions. The content of the lecture will focus on learning about the innate immunity that constitutes immunity, acquired immunity, vaccines, the pathogenic mechanism of each disease related to immunity, and countermeasures. In addition, students will give a brief presentation in class so that they can actually teach sports and school students about immunity.