

応用演習Ⅰ

Syllabus Number

SEM-301

Elective

2 credit

OGATA, Takahiro

1. Course Description

The aim of this class is to learn the theory of sport psychology such as instruction and training of psychological skills for skill acquisition. Our final goal is to be able to coach the athletes from basic performance to elite level accomplishment. Furthermore, we learn the method of presentation, report and experiment.