

検査・測定と評価 II

Syllabus Number SPS-308
Elective 2 credit
SAHO, Yasuyuki・TAKESUE, Daizo

1. Course Description

This course provides the student with the rationale behind the assessment, measurement, evaluation of the athlete's bodily functions, as well as the biomechanical analysis of basic athletic movements. The student will learn how to conduct and interpret the static and dynamic postural assessment, alignment measures at various joints, range of motion (ROM) assessment, manual muscle tests, tests for muscle tightness, and selective tissue tests.