

## Practice of Sports' Method(Dance)

Syllabus Number

ESS-216

Elective

1 credit

TADA, Satsuki

### 1. Course Description

While experiencing the joy of dancing to rhythmic music, students can freely improvise what they feel and learn how to create original dances.

In addition, through group work creation and presentations, students can enjoy the joy and sense of accomplishment of empathy created with their classmates.

They also learn about the content and teaching methods of dance according to the development of school-aged students (elementary, junior high, and high school).