健康運動指導士現場実習

Syllabus Number AHS-402

Elective 2 credit

HIRUMA, Eisuke

1. Course Description

This internship offers observation of practical experience in the specialized activities of a fitness and wellness program and exercise setting. Students work under the direction and guidance of a practicing professional with supervision by a certified health fitness specialist. Internships are scheduled for two weeks unless otherwise approved by the faculty supervisor.