

# Personality Psychology of Adjustment

Syllabus Number

CLI-101

Elective

2 credit

HIRANUMA, Akiko

## 1. Course Description

Human development is mainly divided into 2 categories: cognitive areas such as "perception, intelligence, memory, languages, thinking, and learning"; and personality areas such as "personality, emotion, and sociality." In the course, in order to develop students' self-understanding as well as understanding others deeply, and considerably, the subject of personality area along with the psychology of children will be the learning focus. Examples of support case for maladaptation in schools and workplaces will be well provided, so that students are able to comprehend and respond to the real life problems through discussion, according to the theory of clinical psychology.