

Introduction to Sports Instruction I

Syllabus Number

SPS-103

Compulsory 2
credit

OGATA, Takahiro

1. Course Description

The aim of this class is to learn player-centered approach. The players' entourage must support the players and provide for their well-being. Furthermore, we learn how to support diverse sporting activities appropriate to each stage in life. Our final goal is to be able to as assistants of higher qualification holders, etc., they undertake basic sports leadership and operation in sports groups and circles.