## **Career Planning 3**

Syllabus Number 0D313 General Basic Subjects Elective 1 credit

## MORIMOTO, Noriko

1. Course Description

Following Career Planning 1 and 2, this lesson is aimed at further training of self-career development and necessary skills. Also, for students who is looking for a job, we will discuss the basic matters concerning practical activities after thinking about their own specific career plan. In this lesson, students acquire the knowledge and the ability of learning goals 2 and 3 of the General Basic Subjects.

## 2. Course Objectives

Students can plan their schedule till graduation and think about their specific career plan in the future. Also, students can master basic matters about practical activities.

In the lesson, in addition to lecturing, there will be group activities to deepen your understanding.

3. Grading Policy

In order to think about self-career, there will be group collaboration learning as well as lectures. The grade evaluation will be evaluated based on 60% of the final report and 40% of the report in class.

4. Textbook and Reference Textbook Handouts will be distributed in the class.

5. Requirements(Assignments)

This lesson is not compulsory, but I recommend students to take this course.Students are required to clarify their strengths, weaknesses, interests, values, and abilities. And also, it is necessary to actively engage in corporate research.

1. As preparation, students are required to understand and prepare what is written in each lesson content. (30 minutes per time)

2. As a review, students are required to work on the assignment and be sure to submit in the next lesson. (60 minutes per time)

6. Note

Only 4th grade students can take this class.

This lesson is not compulsory, but I recommend students to take this course.

7. Schedule

Students should read the syllabus before attending classes and understand their purpose.

[Lecture guidance]

It will explain lecture plans and goals. We will check the progress of job hunting activities. We also deepen selfunderstanding.

Students should recognize about their job hunting situation.

[Organizing information on job hunting]

It will explain how to get information about employment, and to deal with anxiety.

Students should review their student life and organize what they tackled. [Method of self-expression 1] Students can know necessary information on effective self-expression.

Students should prepare episodes of self-promotion.

[Method of self-expression 2]

Students can do occupational and industry research that matches their interests. And students will create self-introductions.

Students should deepen their understanding of the industry and occupation. Students also should prepare for job application form.

[For job hunting activities 1]

Students can learn how to create a job application form.

Students should understand the purpose of interview selection.

[For job hunting activities 2]

Students should learn about interview. Students will practice a mock interview.

Students should prepare for an interview. Also, students should think about career prospects after entering the company.

[Summary]

In the lecture, it will review the point of interview and summarize the lesson.