

# Psychology

Syllabus Number

0B132

Common Core Courses

Elective 2 credit

ITO, Kazuya

## 1. Course Description

We shall learn about major theories of personality. In addition, we shall also investigate our own personalities and learn to understand our own internal world through psychological testings.

## 2. Course Objectives

The aim of this course is to learn the functions of the mind, personality, and interpersonal relationships.

## 3. Grading Policy

I rate your grades on the following three points:

①Tasks you work on during class hours.

②Your active attitude in class. That is, questions and remarks about the lecture .

③Report

If the total score of ① to ③ is 60% or more, it will be judged as passing. Furthermore, S / A / B / C evaluation is divided according to the score.

## 4. Textbook and Reference

Textbook

青木紀久代／神宮英夫(編著) 徹底図解 心理学 生活と社会に役立つ心理学の知識

ISBN-13:978-4405106758 新星出版社

Reference

村上春樹 ノルウェイの森(上下巻)

ISBN-13:978-4062748681

講談社文庫

伊坂幸太郎 砂漠

ISBN-13:978-4101250250

新潮文庫

新海誠 小説 天気の子

ISBN-13:978-4041026403

角川文庫

## 5. Requirements(Assignments)

Please read textbooks and LMS materials before class.And check the technical terms before class.It takes about 30 minutes.

After class, consider the personality of yourself and others, and how to maintain interpersonal relationships. It takes about 30 minutes.

## 6. Note

## 7. Schedule

- [1] Guidance
- [2] The theory of Freud Conscious,Preconscious,Unconscious
- [3] The theory of Jung Collective unconscious,Archetype
- [4] Psychological Assessment We learn about psychological tests.
- [5] Psychological Assessment We experience some psychological tests.
- [6] The theory of Freud Ego,Superego,Id
- [7] The theory of Freud Defense mechanisms for adaptation.
- [8] Understanding personality from a psychiatric point of view. The theory of Kretschmer. Schizophrenia,Depression
- [9] Understanding personality from a psychiatric point of view. Personality Disorders,Neurodevelopmental Disorders
- [10] Understanding personality from a dynamic psychiatric point of view. Psychoanalytic case formulation
- [11] Understanding personality from a dynamic psychiatric point of view. Defense mechanisms according to each personality.
- [12] Personality and interpersonal interaction.
- [13] Personality development The theory of Freud,Erikson,Blos.
- [14] Personality development Establishing identity in adolescence.
- [15] Summary