## Medicine and Science in Life 2

Syllabus Number

0C202

General Basic Subjects Elective 2 credit

## FUJII HIROAKI

## 1. Course Description

The purpose is to understand why the health problem is talked about, what kind of measures we should take.

## 2. Course Objectives

In this lecture, we will explore health problems and health hindrance factors in modern society. In other words, we learn about health problems in each life stage, how to form healthy lifestyle habits, how to maintain and promote health.

- 3. Grading Policy
- 4. Textbook and Reference
- 5. Requirements(Assignments)
- 6. Note
- 7. Schedule
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