Psychology

Syllabus Number 0B111
General Basic Subjects
Elective 2 credit

ITO, Kazuya

1. Course Description

We shall learn about major theories of personality. Furthermore, we shall explore and gain a clearer understanding of our inner personalities through psychological testings.

2. Course Objectives

The aim of this course is to learn the function of the mind, personality, and interpersonal relationships.

3. Grading Policy

I rate your grades on the following two points:
①Tasks you work on during class hours.
②Your active attitude in class. That is, questions and remarks about the lecture .
If the total score of ① and ② is 60% or more, it will be judged as passing. Furthermore, S / A / B / C evaluation is divided according to the score.

4. Textbook and Reference

Textbook
青木紀久代／神宮英夫(編著)　徹底図解　心理学　生活と社会に役立つ心理学の知識
ISBN-13:978-4405106758
　新星出版社

5. Requirements(Assignments)

Please read textbooks and LMS materials before class.And check the technical terms before class.It takes about 30 minutes.
After class, consider the personality of yourself and others, and how to maintain interpersonal relationships. It takes about 30 minutes.

6. Note

7. Schedule

[1] Guidance
[2] The theory of Freud　Conscious,Preconscious, Unconscious
[3] The theory of Jung　Collective unconscious,Archetype
[4] Psychological Assessment　We learn about psychological tests.
[5] Psychological Assessment　We experience some psychological tests.
[6] The theory of Freud　Ego,Superego,Id
[7] The theory of Freud　Defense mechanisms for adaptation.
[8] Understanding personality from a psychiatric point of view.　The theory of Kretschmer. Schizophrenia,Depression
[9] Understanding personality from a psychiatric point of view.　Personality Disorders,Neurodevelopmental Disorders
[10] Understanding personality from a dynamic psychiatric point of view.　Psychoanalytic case formulation
[11] Understanding personality from a dynamic psychiatric point of view.　Defense mechanisms according to each personality.
[12] Personality and interpersonal interaction.
[13] Personality development　The theory of Freud,Erikson,Blos.
[14] Personality development　Establishing identity in adolescence.
[15] Summary