

# Social Psychology2

Syllabus Number 0B152

General Basic Subjects  
Elective 2 credit

TSUMURA Kenta

## 1. Course Description

Social psychology is the scientific study that seeks to understand how people's thoughts, feelings, and behaviors are influenced by other people or social situations.

This course is designed to provide theories and research findings in social psychology of "willpower", the ability or the motivation to control one's own thoughts and the way in which you behave to achieve goals, and interpersonal relations.

## 2. Course Objectives

1. Understand basic perspectives, theories, and research findings in social psychology of willpower and interpersonal relations
2. Apply theories and principles of social psychology in willpower and interpersonal relations to your own everyday issues or social problems.

## 3. Grading Policy

Your overall grade in this class will be decided based on the following:

- term-end exam: 70%
- minute paper: 30%

## 4. Textbook and Reference

Textbook

No textbook is required.

Reference

池田謙一・唐沢穰・工藤恵理子・村本由紀子 『社会心理学 (New Liberal Arts Selection)』 有斐閣 (ISBN: 978-4641053755)

## 5. Requirements(Assignments)

After each class, review the class and submit a minute paper via LMS.

In daily life, consider and examine your everyday issue or social problems from perspectives of social psychology.

## 6. Note

This course uses LMS.

Students are expected to have sincere attitude during class.

The schedule is subject to change due to circumstances.

## 7. Schedule

- [1] introduction
- [2] characteristics of willpower
- [3] sources of willpower
- [4] how to exert your willpower
- [5] how to control your desires
- [6] how to revive or boost your willpower
- [7] goal persuasion with small willpower
- [8] willpower in everyday life
- [9] self-presentation, self-disclosure
- [10] interpersonal attraction
- [11] communication
- [12] evaluation, judgement, inference about other people
- [13] inclusion, exclusion, and social support
- [14] formation, development, and break up of interpersonal relationships
- [15] group work about communication