

# Psychology

Syllabus Number

4A104

General Basic Subjects

Elective 2 credit

ITO, Kazuya

## 1. Course Description

We shall learn about major theories of personality. Furthermore, we shall explore and gain a clearer understanding of our inner personalities through psychological testings.

In this course, each student learns the first to fifth lessons individually on the LMS. You can use textbook and subtextbook.

The 6th to 15th lessons are two-day schooling lessons.

You must attend all 2-day schooling lessons.

## 2. Course Objectives

The aim of this course is to learn the function of the mind, personality, and interpersonal relationships.

## 3. Grading Policy

I rate your grades on the following two points:

① Tasks you work on during class hours.

② Final test

If the total score of ① and ② is 60% or more, it will be judged as passing. Furthermore, S / A / B / C evaluation is divided according to the score.

## 4. Textbook and Reference

Textbook

青木紀久代／神宮英夫(編著) 徹底図解 心理学 生活と社会に役立つ心理学の知識

ISBN-13:978-4405106758

新星出版社

## 5. Requirements(Assignments)

## 6. Note

## 7. Schedule

- [1] Personality
- [2] The theory of Freud, Jung Conscious, Preconscious, Unconscious, Collective unconscious
- [3] The theory of Freud Ego, Superego, Id, Defense mechanisms
- [4] Types of personality
- [5] Types of personality
- [6] Psychological Assessment We learn about psychological tests.
- [7] Psychological Assessment We experience some psychological tests.
- [8] Understanding personality from a psychiatric point of view. The theory of Kretschmer. Schizophrenia, Depression
- [9] Understanding personality from a psychiatric point of view. Personality Disorders, Neurodevelopmental Disorders
- [10] Understanding personality from a dynamic psychiatric point of view. Psychoanalytic case formulation
- [11] Understanding personality from a dynamic psychiatric point of view. Defense mechanisms according to each personality.
- [12] Personality and interpersonal interaction.
- [13] Personality development The theory of Freud, Erikson, Blos.
- [14] Personality development Establishing identity in adolescence.
- [15] Final test