

Life Design Seminar I

Syllabus Number

8E101

Communication Subjects

Requisites 2

credit

ARAI, Yoshio

1. Course Description

Life Design Seminar is a course module targeting first year undergraduate students, which is an extra module to broaden your knowledge and skills. The way of study and the structure of courses in the university are much different from the ones in school. It is needed for the students to be self-motivated for their study, for example, students need to be prepared before each lesson, carry out revision after each lesson, be equipped with problem-solving skills, and be able to deepen their research with resources and references.

The fundamental lectures and courses, within your major subject and your department, are the first steps and starting point of your undergraduate study. It is to broaden your study skills, specialize yourself with expression and writing skills academically. The use of Microsoft Word, data analysis with pictures by using Microsoft Excel, and presentation preparation with Power Point will be emphasized during the seminar.

When you plan your personal career path, it is better to set up clear and right performance targets. Life Design Seminar can support you through your steps of setting up and reaching your goals. It helps you to understand your interests, develop your motivation in study, conduct self-analysis or be reflective with your study.

The activities of this sub-seminar include efforts such as how to write reports and treatises, time management in student life, techniques such as presentations, and motivation for learning.

The goal of this course is education policy³.

2. Course Objectives

The purpose of Life Design Seminar is based on the approach and ethos of our university, which is committed to equip students with the following abilities:

1. Sociability: A quality to deliver your thoughts and ideas to the other party or your study group, with communication skills.

2. Self-study or Self-education skills: A state to make future plans, reflect your previous work, and design your step-to-step targets and goals.

3. Professional skills: A quality to apply your knowledge of your major subjects to carry out problem-solving.

3. Grading Policy

Works in lessons and homework(50%),Self-control(50%)

Feedback:

Key points of the homework will be explained to the students.

Face to face talk.

4. Textbook and Reference

5. Requirements(Assignments)

Preparation: 1.5hours

Read the contents of the textbook announced in advance and create a presentation resume and PPT.

Review: 2 hours

We will further investigate certain issues and questions and deepen ourselves. Make sure you can use it for regular reporting.

6. Note

- Enjoy the learning process. By focusing on the process, good results will come, you will feel a sense of accomplishment, and you will want to do more, creating a virtuous cycle.

- I want you to think about etiquette as an adult.

- Unless there are special circumstances, you will be required to attend each time, but you will not be allowed to be absent without contact.

- Depending on the number of students and the progress, the lesson plan may be misaligned or revised.

7. Schedule

[1] Guidance-How to proceed with classes, self-introduction, self-introduction
What is self-management?

[2] Impressions of becoming a university student, impressions of the university, goals / hopes / plans
Time management in student life

[3] Watching and discussing a news program
Challenge: Create a report by further deepening some of the news content covered.

[4] About your report & About report creation

[5] University library tour & research

[6] About creating resumes & Word documents

Chapter 1 of the textbook (teacher's sample), discussion in the sub-seminars

[7] Presentation using PowerPoint

Chapter 2 of the textbook (teacher sample), discussion within the sub-seminars

- [8] Decide the part in charge of the textbook, make a pair of two people, one person will create a resume and the other will create a PPT for the same content.
Explanation of Word document and PPT creation (PC classroom in the Department of Regional Economics)
- [9] White pair announcement & discussion in the sub seminar
Challenge: Please document your understanding of the relevant part.
- [10] Blue pair announcement & discussion in the sub seminar
Challenge: Please document your understanding of the relevant part.
- [11] Green pair announcement & discussion in the sub seminar
Challenge: Please document your understanding of the relevant part.
- [12] Yellow pair announcement & discussion in the sub seminar
Challenge: Please document your understanding of the relevant part.
- [13] Red pair announcement & discussion in the sub seminar
Challenge: Please document your understanding of the relevant part.
- [14] Summary of textbook contents, what does it mean to live normally?
Discussion, debate
- [15] What is learning
Invitation to Economics and Public Finance